



**Are you busy in the morning trying to get ready and out the door?**

**No time for breakfast? Did you know...**

Your child can eat breakfast at school **EVERY** day? If you qualify for a free or reduced price lunch you are also eligible for a free or reduced price breakfast...

**Breakfast prices:**

Reduced \$.30

Paid \$1.65 (elementary schools) \$1.90 (middle schools) and \$2.00 (high schools)

Examples of available options:

- Breakfast main entrée of the day
- Breakfast sandwiches (Middle & HS only)
- Whole grain cereals
- Bagel w/ cream cheese

Students who eat breakfast have been shown in studies to have less absenteeism, better behavior, and better overall test scores than those who don't.

School breakfast is a convenient and healthy option for your child(ren), providing a minimum of 25% of the recommended amounts of protein, iron, calcium, and vitamins A and C each day when averaged over the week. School breakfast meals also include fiber while limiting fat, saturated fat, and added sugars.



You may apply for a free or reduced priced lunch at any time during the school year. Applications are available from your school or can be downloaded from our website at [www.chclc.org](http://www.chclc.org). Completed applications can be submitted to Cherry Hill Administration Building, 45 Ranoldo Terrace, or to the main office in your child's school.

*As always, thank you for choosing Aramark*

*Anne King*

**CHERRY HILL  
PUBLIC SCHOOLS**

Breakfast Start Times

High School – 7:00 am

Middle School – 7:30 am

Elementary School – 8:30 am

