

## CHERRY HILL PUBLIC SCHOOLS COVID TRAVEL GUIDELINES

Please see below for the quarantine recommendations for students who have traveled. The quarantine guidelines listed below must be observed prior to returning to school and or sports. Please contact your school nurse for more information. Please be advised that these recommendations are subject to change. Refer to the links listed below for the most updated information.

### Domestic Travel Guidelines:

<https://covid19.nj.gov/forms/njtravel>

New Jersey has issued a travel advisory that asks anyone entering New Jersey from **any U.S. state or territory beyond the immediate region** (New York, Connecticut, Pennsylvania, and Delaware) to quarantine at home, in a hotel, or in other temporary lodging following recommendations from the CDC:

- If travel is unavoidable, travelers should consider getting tested with a viral test (not an antibody test) 1-3 days before the trip and again 3-5 days after the trip.
- If travelers test positive, they **should self-isolate for at least 10 days and should postpone travel during that time.**
- If travelers test negative, they should **quarantine for a full 7 days after travel.**
- If testing is not available (or if the results are delayed), travelers should **quarantine for 10 days after travel.**

The advisory is no longer specific to certain states. Because of the rising number of case counts across all states, there is an increased risk of spread of COVID-19 upon return from any travel.

We ask that **anyone who travels to New Jersey from a state/territory outside the immediate region (New York, Connecticut, Pennsylvania, and Delaware)** complete the following form to provide information about where you are traveling from and your destination.

The self-quarantine is voluntary, **but compliance is expected.**

### International Travel:

<https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/if-i-am-visiting-or-returning-to-new-jersey-after-international-travel-do-i-need-to-quarantine>

You and your travel companions (including [children](#)) pose a risk to your family, friends, and community for 14 days after you travel.

### Get Tested and Stay Home After Travel

- [Get tested](#) 3-5 days after travel **AND** stay home for 7 days after travel. Even if you test negative, stay home for the full 7 days.
- If your test is positive, isolate yourself to protect others from getting infected.
- If you don't get tested, it's safest to stay home for 10 days after travel.
- Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.