

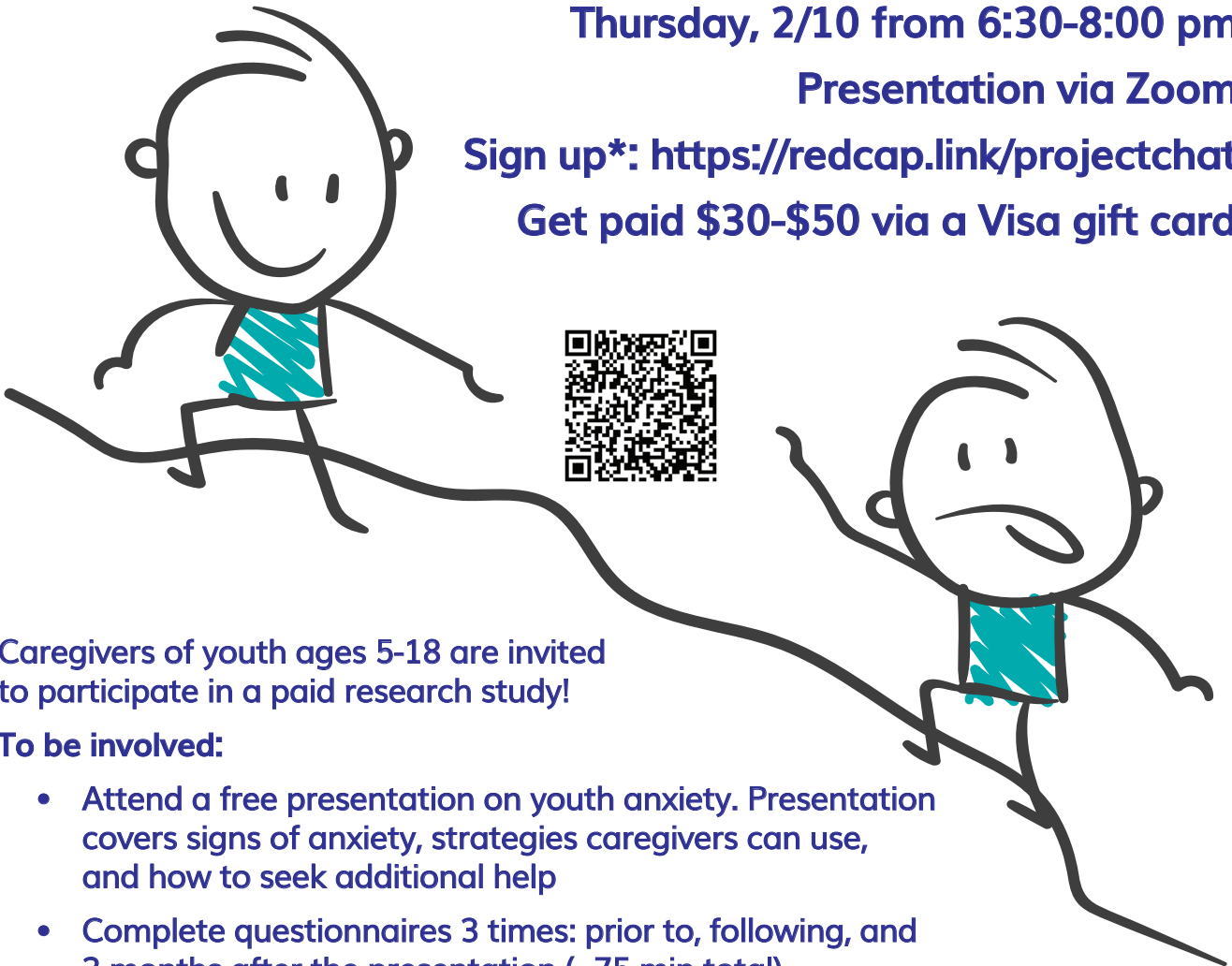
SUPPORTING ANXIOUS YOUTH: STRATEGIES FOR CAREGIVERS

Thursday, 2/10 from 6:30-8:00 pm

Presentation via Zoom

Sign up*: <https://redcap.link/projectchat>

Get paid \$30-\$50 via a Visa gift card



Caregivers of youth ages 5-18 are invited to participate in a paid research study!

To be involved:

- Attend a free presentation on youth anxiety. Presentation covers signs of anxiety, strategies caregivers can use, and how to seek additional help
- Complete questionnaires 3 times: prior to, following, and 3 months after the presentation (~75 min total)
- Some caregivers will complete a 30 min virtual interview 3 months after the presentation

*Complete the pre-presentation questionnaires to receive the zoom link.

- Sign up at least 30 min ahead of the presentation
- Questions? Email projectchat@temple.edu

Temple University Child and Adolescent Anxiety Disorders Clinic
Project CHAT: Caregivers Hearing about Anxiety Treatments