



April 2023

High School

Lunch Menu

Special:

Week 1: Chicken Caesar Salad, MTO Italian
 Week 2: Chicken Nacho Salad, MTO Breakfast
 Week 3: Turkey Cheese Salad, MTO Mexican
 Week 4: Ham Salad, MTO Asian
 Week 5: Italian Salad, MTO Burger
 *All Salads served with WG Dinner Roll or WG Pretzel Rod
 Daily
 WW Uncrustable PBJ, Box
 MTO Deli Station ~ Pizza
 Burgers~ Hot Dog~ Breaded
 & Spicy Chicken Sandwich ,
 Fries

All Breakfast Meals Must Include Choice of 1/2 Cup of Fresh Fruit
 Apples & Oranges, seasonal fruit when available and may include:
 1% Low-Fat or Skim Milk

MON	TUES	WED	THURS	FRI
3	4	5	6	7
School Closed	School Closed	School Closed	School Closed	School Closed
				Week 1
10	11	12	13	14
(2) Beef soft tacos, Baby Carrots, Baked Vegetarian Beans	Tater Tot Beef Nachos, Baby Carrots,, Roasted Broccoli	Cheese Stuffed Breadsticks/ Marinara, Baby Carrots, Tomato Wedges,	Steamed Chicken Dumplings, Baby Carrots, Corn	Sweet & Sour Popcorn Chicken, Rice Baby Carrots, Cucumber slices
				Week 2
17	18	19	20	21
Cheese Quesadilla, Baby Carrots, Chickpeas	Pizza Meatball Sub, Baby Carrots, Broccoli,	Sloppy Joe, Baby Carrots, Corn	Chicken Nuggets /Pretzel Rod Tomato Wedges, Baby Carrots	School Closed
				Week 3
24	25	26	27	28
Sweet & Tangy Grilled Chicken Sandwich, Baby Carrots, Chickpeas	Chicken Parmesan Flatbread, Baby Carrots, Broccoli	Kickin Bean Rice Bowl, Baby Carrots, Tomato wedges	Pizza Cruncher / Marinara , Baby Carrots, Corn	Chicken Ranch Flatbread, Baby Carrots, Cucumber slices
				Week 4

Powering potential.™

Menus are subject to change.

Please call Food Service 856-424-2316. Meal Applications can be filled out anytime during the school year Full Price Breakfast \$1.90 and Full Price Lunch \$3.00

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This institution is an equal opportunity providers