



# Elementary School Breakfast October Menu

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## 1 FRIDAY

**Muffin, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**4  
Bagel with Cream Cheese, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**5  
Yogurt with String Cheese, graham Cracker**  
Fresh Fruit or Fruit Juice or Milk

**6  
Cereal, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**7  
Nutrigrain Bar, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**8  
Bagel Cinnamon Cream Cheese,**  
Fresh Fruit or Fruit Juice or Milk

**11  
Apple Frudel, Graham Cracker**  
Fresh Fruit or Fruit Juice or Milk

**12  
Muffin, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**13  
Bagel with Cream Cheese, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**14  
Yogurt with String Cheese, graham Cracker**  
Fresh Fruit or Fruit Juice or Milk

**15  
Cereal, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**18  
Nutrigrain Bar, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**19  
Cereal, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**20  
Apple Frudel, Graham Cracker**  
Fresh Fruit or Fruit Juice or Milk

**21  
Muffin, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**22  
Bagel with Cream Cheese, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**25  
Yogurt with String Cheese, graham Cracker**  
Fresh Fruit or Fruit Juice or Milk

**26  
Cereal, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**27  
Nutrigrain Bar, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**28  
Muffin, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

**29  
Bagel with Cream Cheese, String Cheese**  
Fresh Fruit or Fruit Juice or Milk

Menu is subject to change without notice  
Breakfast items may be substituted with the following: Apple Frudel, Nutrigrain, Pop tarts, Cinnamon Bagel Cream Cheese, String Cheese may be substituted with Graham Crackers

Questions and concerns: Please call Food Service 856-424-2316.

Meal Applications can be filled out anytime during the school year, we encourage you to apply ASAP.

Free Meals to all students for School Year 2021-2022

We are hiring Food Service Associates