



# Elementary Grab & Go Lunch January Menu 2022

3

## MONDAY

Hot Dog or  
Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

4

## TUESDAY

Cheese Pizza, or  
yogurt Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

5

## WEDNESDAY

Beef Cheesesteak, or  
Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

6

## THURSDAY

Bosco Mozzarella  
Breadstick (2),  
Marinara sauce or  
Bagel Meal Box.  
Fresh Fruit and or  
Vegetable or juice or  
milk

7

## FRIDAY

Chicken Nuggets  
with pretzel or Bagel  
Meal Box Fresh Fruit  
and or Vegetable or  
juice or milk

10

Breaded Chicken  
Breast Sandwich, or  
Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

11

Mac & Cheese,  
Pretzel or Yogurt Meal  
Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

12

Loaded Tots/Popcorn  
Chicken/ pretzel Rod,  
or Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

13

French Toast Sticks/  
Chicken Sausage/ or  
Bagel Meal Box.  
Fresh Fruit and or  
Vegetable or juice or  
milk

14

Grilled three Cheese  
Sandwich or Bagel  
Meal Box Fresh Fruit  
and or Vegetable or  
juice or milk

17

Corn Dog, Mustard  
or Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

18

Top N Go Tacos, or  
Yogurt Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

19

Cheeseburger, or  
Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

20

Bosco Mozzarella  
Breadstick (2),  
dipping sauce on the  
side or Bagel Meal  
Box. Fresh Fruit and  
or Vegetable or juice  
or milk

21

Chicken Nuggets with  
pretzel or Bagel Meal  
Box Fresh Fruit and or  
Vegetable or juice or  
milk

24

Breaded Chicken  
Breast Sandwich, or  
Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

25

Mac & Cheese,  
Pretzel or Yogurt  
Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

26

Loaded Tots/Popcorn  
Chicken/ pretzel Rod,  
or Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

27

French Toast Sticks/  
Chicken Sausage/ or  
Bagel Meal Box. Fresh  
Fruit and or Vegetable  
or juice or milk

28

Grilled Three Cheese  
sandwich or Bagel  
Meal Box Fresh Fruit  
and or Vegetable or  
juice or milk

31

Hot Dog, Mustard or  
Bagel Meal Box  
Fresh Fruit and or  
Vegetable or juice or  
milk

Menu subject to change without notice

**Bagel Box:** WG Bagel, Butter spread, String cheese, Baby Carrots

**Yogurt Box:** Strawberry Yogurt, Muffin, String Cheese, Graham Crackers

**Vegetables offered or substituted: Baby Carrots, Cucumber slices, Broccoli Florets**

**Questions and concerns: Please call Food Service 856-424-2316.**

**Meal Applications can be filled out anytime during the school year, we encourage you to apply ASAP.**

**Free Meals to all students for School Year 2021-2022**

**We are hiring Food Service Associates**