



Elementary Grab & Go Lunch October Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1 FRIDAY Chicken Nuggets with Honey Mustard on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%
4 Turkey & Cheese, WG sandwich or Yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	5 Make your own Pizza Box, Or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	6 French Toast maple syrup on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	7 Deli sliced Chicken Breast and Cheese Sandwich, or yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	8 Chicken Nuggets with Honey Mustard on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%
11 Turkey & Cheese, WG sandwich or Yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	12 Make your own Pizza Box, Or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	13 Confetti Pancakes / maple syrup on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	14 Deli sliced Chicken Breast and Cheese Sandwich, or yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	15 Chicken Nuggets with Honey Mustard on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%
18 Turkey & Cheese, WG sandwich or Yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	19 Make your own Pizza Box, Or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	20 Bosco Mozzarella Breadstick, dipping sauce on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	21 Deli sliced Chicken Breast and Cheese Sandwich, or yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	22 Chicken Nuggets with Honey Mustard on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%
25 Turkey & Cheese, WG sandwich or Yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	26 Make your own Pizza Box, Or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	27 Confetti Pancakes / maple syrup on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	28 Deli sliced Chicken Breast and Cheese Sandwich, or yogurt Meal Box Fresh Fruit or juice or milk Skim Choc or 1%	29 Chicken Nuggets with Honey Mustard on the side or Bagel Meal Box Fresh Fruit or juice or milk Skim Choc or 1%

Menu subject to change without notice

Bagel Box: WG Bagel, Cream Cheese, String cheese, Baby Carrots

Yogurt Box: Strawberry Yogurt, Muffin, String Cheese, Graham Crackers

Questions and concerns: Please call Food Service 856-424-2316.

Meal Applications can be filled out anytime during the school year, we encourage you to apply ASAP.

Free Meals to all students for School Year 2021-2022

We are hiring Food Service Associates