



# JANUARY 2023

## ALTERNATIVE HIGH SCHOOL | LUNCH MENU

MON	TUES	WED	THURS	FRI
2 Penne Chicken Alfredo w/ Garlic Toast	3 Pizza Meatball Sub	4 Baked Potato w/ Vegetarian Chili & Cheese	5 Beef Sloppy Joe on WG Bun	6 Schools Closed <i>Week 3</i>
9 LTO: Black Bean Chili Frito Bowl	10 LTO: Black Bean Chili Frito Bowl	11 LTO: Black Bean Chili Frito Bowl	12 LTO: Black Bean Chili Frito Bowl	13 LTO: Black Bean Chili Frito Bowl <i>Week 4</i>
16 Schools Closed	17 Garlic Chili Popcorn Chicken Lo Main	18 Cheese stuffed Breadsticks/Marinara	19 Fish Sticks/mac & Cheese	20 Chicken Frito Bowl <i>Week 5</i>
23 Max Sticks w/ Marinara Sauce	24 Boneless Chicken Wings	25 French Toast Sticks & Chicken Sausage	26 Beef Ravioli with Pretzel Rod	27 Chicken Corn Dogs <i>Week 1</i>
30 (2) Beef Soft Tacos	31 Cheese Quesadilla			<i>Week 2</i>

**Specials:**  
**Week 1: Chicken Caesar Salad**  
**Week 2: Chicken Nacho Salad**  
**Week 3: Turkey Cheese Salad**  
**Week 4: Ham Salad**  
**Week 5: Italian salad**  
 \*\* All Salads served with Dinner Roll

**DAILY:**  
 Whole Wheat Uncrustable Meal Box: (PB&J, String Cheese, Graham Crackers)

Pizza Slices, Cheese or Pepperoni

\*\*Hamburgers ~ Cheeseburger ~  
 ~ Hot Dogs ~ Chicken Tenders ~  
 Breaded Chicken Sandwich ~  
 Breaded Spicy Chicken Sandwich

\*\* All served with Fries

Powering potential.



Provided Daily:  
 Assorted Low Fat Unflavored, and Chocolate Assorted Fresh Fruit of the Day & Assorted 100% Fruit Juices  
 Local produce grown within 350 miles is identified by (L).  
 Questions and concerns: Please call Food Service 856-424-2316.  
 Meal Applications can be filled out anytime during the school year  
 Full Price Breakfast \$2.00 and Full Price Lunch \$3.10

All Lunches Must Include Choice of:  
 Fruits and/or Vegetable  
 And May Include:  
 1% Low-Fat Milk



This institution is an equal opportunity provider

**Menus are subject to change.**