



March 2023

ALTERNATIVE HIGH SCHOOL

BREAKFAST MENU

Daily:

- Assorted Whole Grain Cereals
- Assorted Whole Grain Toaster Pastries
- Assorted Whole Grain Muffins

All Breakfast Meals Must Include Choice of 1/2 cup of Fresh Fruit Apples, Oranges and seasonal fruit when available and may Include: 1% Low-Fat or Chocolate Skim

Powering potential.

MON	TUES	WED	THURS	FRI
		1 Sugar Cinnamon WG Donut Holes	2 WG Blueberry Waffle	3 Apple Frudel
				Week 1
6 Cinnamon French Toast	7 Mini Strawberry Creamy Cheese Bagels	8 Bacon Breakfast Pizza	9 Mini Cinnamon Creamy Cheese Bagels	10 Turkey Pancake Wrap
				Week 2
13 Cinnamon Raisin Bagel	14 Blueberry Waffle Bash	15 French Toast Sticks	16 Apple Frudel	17 Cinnamon Rush French Toast
				Week 3
20 Cheesy Egg Biscuit	21 Mini Cinnamon Rush	22 Chicken Sausage, Egg & Cheese bagel	23 Cocoa Cinnamon Powdered Sugar Donut Holes	24 Sugar Powdered Dutch Waffle
				Week 4
27 Sugar Powdered Donut	28 Sausage, Egg & Cheese Biscuit	29 Blueberry Waffle Bash	30 French Toast Sticks	31 Chocolate Filled Crescent
				Week 5

Menus are subject to change.

Please call Food Service 856-424-2316.

Meal Applications can be filled out anytime during the school year
Full Price Breakfast \$2.00 and Full Price Lunch \$3.10



This institution is an equal opportunity providers