



March 2023

ALTERNATIVE HIGH SCHOOL  
LUNCH MENU

Special:  
Week1: Chicken Caesar Salad,  
Week2: Chicken Nacho Salad,  
Week3: Turkey Cheese Salad, Week 4: Ham Salad,  
Week 5: Italian Salad,  
\*All Salads served with WG Dinner Roll or WG Pretzel Rod  
Daily  
WW Uncrustable PBJ, string Cheese, graham cracker Box  
~ Pizza, Burgers~ Hot Dog~ Breaded & Spicy Chicken Sandwich  
~Chicken Tenders~, Fries

All Lunches Must Include Choice of:  
½ cup serving of Fresh Fruit or 100% Fruit Juice and or 1/2 Cup serving of vegetables  
And May Include:  
1% Low-Fat Milk or Chocolate Skim Milk

½ Cup of Vegetables  
Capri Blend:  
carrots, green beans, zucchini  
Italian Blend: carrots, cauliflower, Romano beans, Lima Beans.  
Winter Blend:  
Broccoli, Cauliflower

MON	TUES	WED	THURS	FRI
<p>Provided Daily 1% Milk and Chocolate Skim Milk, Oranges, Apples and when available Seasonal fruit</p>	<p>Please call Food Service 856-424-2316. Meal Applications can be filled out anytime during the school year Full Price Breakfast \$2.00 and Full Price Lunch \$3.10</p>	<p><b>1</b> French Toast/ (2) Chicken Sausage, Winter Blend, Baby carrots, Tomato wedges</p>	<p><b>2</b> Popcorn Chicken Potato Bowl/ 2 pretzel rods, Capri Blend, Baby Carrots,, Cucumbers</p>	<p><b>3</b> Macaroni and Cheese/Pretzel rod, Italian Blend, Baby , Carrots, Corn  <b>Week 1</b></p>
<p><b>6</b> Limited Time Offer: Honey Sriracha Turkey Burger waffle Sandwich, Grilled Cheese, Capri Blend, Baby carrots, Baked Beans</p>	<p><b>7</b> Limited Time Offer: Honey Sriracha Turkey Burger waffle Sandwich, Italian Blend, baby Carrots,, Broccoli</p>	<p><b>8</b> Limited Time Offer: Honey Sriracha Turkey Burger waffle Sandwich, Grilled Cheese, Capri Blend,, Tomato Wedge, Baby carrots</p>	<p><b>9</b> Limited Time Offer: Honey Sriracha Turkey Burger waffle Sandwich, Grilled Cheese, Italian Blend, corn,, baby carrots</p>	<p><b>10</b> Limited Time Offer: Honey Sriracha Turkey Burger waffle Sandwich, Grilled Cheese, Winter Blend, cucumbers, baby carrots <b>Week 2</b></p>
<p><b>13</b> Cheese Quesadilla, Capri Blend, Baby Carrots, Roasted Brussel Sprouts</p>	<p><b>14</b> Pizza Meatball Sub, Italian Blend, Garbanzo Beans, Baby Carrots</p>	<p><b>15</b> Beef sloppy Joe, Capri Blend, Corn, Baby Carrots,</p>	<p><b>16</b> Golden Crispy Boneless Chicken Wing, WG Pretzel Rod, Winter Blend, Tomato Wedges, Baby Carrots</p>	<p><b>17</b> Chicken Corn Dog, Black Beans, Fresh Broccoli, Baby Carrots  <b>Week 3</b></p>
<p><b>20</b> Sweet and Tangy Grilled Chicken Sandwich, Capri Blend, Baby Carrots, Garbanzo Beans</p>	<p><b>21</b> Popcorn Chicken Parmesan Sandwich, Italian Blend, Broccoli, Baby Carrots</p>	<p><b>22</b> Chicken Buffalo Fries Bowl ,Winter Blend, Baby carrots, Tomato Wedges</p>	<p><b>23</b> BBQ Pulled Pork Sandwich, Capri Blend, Baby Carrots, Corn</p>	<p><b>24</b> Chicken Ranch Club Flatbread , Italian Blend, Baby Carrots, Cucumber  <b>Week 4</b></p>
<p><b>27</b> Max Sticks Pizza, Marinara Pizza, Italian Blend, Baby Carrots, Garbanzo Beans</p>	<p><b>28</b> Breaded Chicken Parmesan with Spaghetti, Capri Blend, Broccoli, Baby Carrots</p>	<p><b>29</b> Spicy Black Bean Mexican corn Beef Bowl, Italian Blend, Baby Carrots, Tomato Wedges</p>	<p><b>30</b> Chicken and White Bean Chipotle Frito Bowl , Italian Blend, corn</p>	<p><b>31</b> Fish Fillet/ Mac and Cheese, WG Pretzel Rod Winter Blend, baby Carrots, Fresh Cucumbers  <b>Week 5</b></p>

Menus are subject to change.



Limited Time Offer:  
Honey Sriracha Turkey Burger  
Waffle Sandwich



This institution is an equal opportunity providers