



March 2023

MIDDLE SCHOOL

BREAKFAST MENU

Daily:

Assorted Whole Grain Cereals

Assorted Whole Grain Toaster Pastries

Assorted Whole Grain Muffins

Breakfast Sandwich on WG Bagel:  
Egg & Cheese,  
Egg, Chicken sausage & Cheese,  
Egg, Turkey Bacon & Cheese

All Breakfast Meals Must Include  
Choice of 1/2 cup of Fresh Fruit  
Apples, Oranges and seasonal fruit when available and may  
Include:  
1% Low-Fat or Chocolate Skim

MON	TUES	WED	THURS	FRI
		1	2	3
		Sugar Cinnamon WG Donut Holes	WG Blueberry Waffle	Apple Frudel
				Week 1
6	7	8	9	10
Cinnamon French Toast	Mini Strawberry Creamy Cheese Bagels	Bacon Breakfast Pizza	Mini Cinnamon Creamy Cheese Bagels	Turkey Pancake Wrap
				Week 2
13	14	15	16	17
Cinnamon Raisin Bagel	Blueberry Waffle Bash	French Toast Sticks	Apple Frudel	Cinnamon Rush French Toast
				Week 3
20	21	22	23	24
Cheesy Egg Biscuit	Mini Cinnamon Rush	Chicken Sausage, Egg & Cheese bagel	Cocoa Cinnamon Powdered Sugar Donut Holes	Sugar Powdered Dutch Waffle
				Week 4
27	28	29	30	31
Sugar Powdered Donut	Sausage, Egg & Cheese Biscuit	Blueberry Waffle Bash	French Toast Sticks	Chocolate Filled Crescent
				Week 5

Powering potential.

Please call Food Service 856-424-2316.

Meal Applications can be filled out anytime during the school year  
Full Price Breakfast \$2.00 and Full Price Lunch \$3.10

Menus are subject to change.



This institution is an equal opportunity providers