



## Middle School Lunch Menu

**Special:**  
 Week 1: Chicken Caesar Salad  
 Week 2: Chicken Nacho Salad  
 Week 3: Turkey Cheese Salad,  
 Week 4: Ham, Cheese Salad,  
 Week 5: Italian Salad,  
 \*All Salads served with WG Pretzel Rod Daily  
 \*NEW Premium MTO Grill Bar with Fresh Condiments Burger, Veggie Burger Breaded & Spicy Chicken, All Beef Hot Dog WW Uncrustable PBJ, Box MTO Deli Station ~ Pizza, Fries

All Lunch Meals will include Fresh Fruit Apples & Oranges, seasonal fruit when available or 100% Juice and may include: 1% Low-Fat or Skim Milk.

MON	TUES	WED	THURS	FRI
1 Max Cheese Pizza Sticks/ Marinara, Baby Carrots, Garbanzo Beans	2 Breaded Chicken Parmesan / Spaghetti, Baby Carrots, Broccoli	3 Beef Taco Cheese Nachos, Baby Carrots, Tomato Wedges,	4 Mac & Cheese, Pretzel Rod, Baby Carrots Cucumber	5 (2) Pork Carnitas, Corn, Baby Carrots <i>Week 5</i>
8 Breaded Mozzarella Pizza Crunchers, Bay Carrots, Chickpeas	9 Popcorn Buffalo Chicken / Pretzel Rod, Baby Carrots, Broccoli	10 French Toast/ Chicken Sausage, Baby Carrots, Tomato Wedges	11 Vegetarian LoMeIn Bowl, Baby carrots, Cucumbers	12 Cheeseburger Rolletto, onions, pickles, cheddar flatbread Baby Carrots, Corn <i>Week 1</i>
15 (2) Beef Soft Tacos, Baby Carrots, Baked Vegetarian Beans	16 Chicken Corn Dog, Baby Carrots, Broccoli	17 Cheese Stuffed Breadstick, Marinara, Baby Carrots,, Tomato Wedges	18 Steamed Chicken & Vegetable Dumpling / Rice, Baby Carrots, Corn	19 Sweet & Sour Chicken/ Rice, Baby Carrots, Cucumber <i>Week 2</i>
22 Cheese Quesadilla, Baby Carrots, Chickpeas	23 Pizza Meatball Sub, Baby Carrots, Broccoli	24 Breaded Fish Filet Sandwich /Tartar sauce, Baby Carrots, Tomato Wedges	25 Chicken Penne Alfredo, Baby Carrots, Corn	26 Premium Chicken Tenders /Pretzel Rod, Baby Carrots, Cucumber <i>Week 3</i>
29 School Closed	30 French Toast / Chicken sausage. Baby Carrots, Broccoli	31 Pizza Cruncher/ Marinara, Baby Carrots, Tomato wedges	<i>Week 4</i>	

Menus are subject to change

Please call Food Service 856-424-2316. Meal Applications can be filled out anytime during the school year Full Price Breakfast \$2.00 and Full Price Lunch \$3.10

Powering potential.

