



# NOVEMBER 2022

## ALTERNATIVE HIGH SCHOOL | LUNCH MENU

**Specials:**  
**Week 1: Chicken Caesar Salad**  
**Week 2: Chicken Nacho Salad**  
**Week 3: Turkey Cheese Salad**  
**Week 4: Ham Salad**  
**Week 5: Italian salad**  
 \*\* All Salads served with Dinner Roll

**DAILY:**  
 Whole Wheat Uncrustable Meal Box:  
 (PBJ, String Cheese, Graham Crackers)  
 Pizza Slices, Cheese or Pepperoni  
 \*\*Hamburgers ~ Cheeseburger ~  
 ~ Hot Dogs ~ Chicken Tenders ~  
 Breaded Chicken Sandwich ~  
 Breaded Spicy Chicken Sandwich  
 \*\* All served with Fries

MON	TUES	WED	THURS	FRI
31	1	2	3	4
Sweet & Tangy Grilled Chicken Sandwich	PopCCorn Chicken Parmesan	Kickin Chicken Fries	BBQ Pulled Pork Sandwich	Chicken Ranch Club Flat Bread <i>Week 4</i>
7	8	9	10	11
Chicken Parmesan Sandwich	Chili Garlic Popcorn Chicken with Lo Mein	Pineapple Chicken Bowl	School Closed	School Closed <i>Week 5</i>
14	15	16	17	18
Cranberry Turkey Burger	Cranberry Turkey Burger	Cranberry Turkey Burger	Cranberry Turkey Burger	Cranberry Turkey Burger <i>Week 1</i>
21	22	23	24	25
(2) Beef Soft Tacos	Chicken Corn Dog	Cheese Stuffed Breadsticks	School Closed	School Closed <i>Week 2</i>
28	29	30		
Penne Alfredo with Chicken	Beef Meat Ball Pizza Parmesan	Baked Potato with Vegetarian Chili & Cheese		<i>Week 3</i>

Powering potential.



Provided Daily:  
 Assorted Low Fat Unflavored, and Chocolate  
 Assorted Fresh Fruit of the Day & Assorted 100% Fruit Juices  
 Local produce grown within 350 miles is identified by (L).  
 Questions and concerns: Please call Food Service 856-424-2316.  
 Meal Applications can be filled out anytime during the school year  
 Full Price Breakfast \$2.00 and Full Price Lunch \$3.10

All Lunches Must Include Choice of:  
 Fruits and/or Vegetable  
 And May Include:  
 1% Low-Fat Milk



**Menus are subject to change.**