

Annual Sports Physical Checklist

*Note: Sports Physicals are **valid for 365 days**. You can verify that the student athlete has a valid physical through the Genesis Parent Portal. Parents are strongly encouraged to keep a physical exam on file.*

Cherry Hill Public Schools Athletic Department now requires that you **register your student for athletics through Genesis Parent Access**. *Please note: The Sports Physical Examination and Health History Update must still be printed and submitted to the nurse's office.*

1. Go to the Genesis Parent Portal
<https://parents.chclc.org/genesis/parents?gohome=true>
2. Log on using your User Name & Password
3. From the Home Screen Select the Student Data Tab
4. On the Tool Bar Select Forms

<p>My child does NOT have a valid Sports Physical on file: Please note: <i>The sports physical examination must be printed, completed per instructions below, provided to the nurse's office.</i></p>	<p>My child DOES have a valid Sports Physical on file:</p>
<ul style="list-style-type: none"> <input type="checkbox"/> Be sure that your medical provider has completed the Student-Athlete Cardiac Assessment Professional Development Module and sign with date of completion on bottom of page 4. <input type="checkbox"/> Complete page one of the sports physical form PRIOR to the physician visit. Be sure to explain all yes answers. Parent/guardian AND student athlete must sign at the bottom of page 1. <input type="checkbox"/> Make sure ALL sections of the Physical Form are completed in INK: <ul style="list-style-type: none"> <input type="checkbox"/> Vision <input type="checkbox"/> Pulse <input type="checkbox"/> Blood pressure <input type="checkbox"/> Height/Weight <input type="checkbox"/> Date of exam <input type="checkbox"/> Is the clearance box checked? <input type="checkbox"/> Signed and dated by the <input type="checkbox"/> Physician, APN or PA <input type="checkbox"/> Incomplete physical forms will be returned and may delay clearance. <input type="checkbox"/> Proceed to the next column once the Sports Physical Form is completed. 	<ul style="list-style-type: none"> <input type="checkbox"/> Complete the online <i>SPORTS Health History Update Questionnaire</i> located in the forms section of the parent portal (**no longer needs to be printed and submitted). <input type="checkbox"/> Review the <i>Opioid Use/Misuse Fact Sheet and video</i> with your student athlete and electronically sign the acknowledgement form in the Genesis Parent Portal each season. <input type="checkbox"/> Review the <i>Sudden Cardiac Death in Young Athletes Pamphlet</i> with your student athlete and electronically sign the acknowledgement form in the Genesis Parent Portal each season. <input type="checkbox"/> Review the <i>Sports-Related Concussion and Head Injury Fact Sheet</i> with your student athlete and electronically sign the acknowledgement form in the Genesis Parent Portal each season. <input type="checkbox"/> Complete the <i>Athletic Participation and Release Form</i>, select the sport for that season and electronically sign the acknowledgement form in the Genesis Parent Portal each season. <input type="checkbox"/> High school only: Review the NJSIAA Steroid Testing Policy with your student and electronically sign the acknowledgement form in the Genesis Parent Portal each season.