

## Annual Sports Physical Checklist

*Note: Sports Physicals are **valid for 365 days**. You can verify that the student athlete has a valid physical through the Genesis Parent Portal. Parents are strongly encouraged to keep a physical exam on file.*

Cherry Hill Public Schools Athletic Department now requires that you **register your student for athletics through Genesis Parent Access**. *Please note: The Sports Physical Examination and Health History Update must still be printed and submitted to the nurse's office.*

1. Go to the Genesis Parent Portal  
<https://parents.chclc.org/genesis/parents?gohome=true>
2. Log on using your User Name & Password
3. From the Home Screen Select the Student Data Tab
4. On the Tool Bar Select Forms

My child does **NOT** have a valid Sports Physical on file: **Please note:** *The sports physical examination must be printed, completed per instructions below, provided to the nurse's office.*

- Be sure that your medical provider has completed the Student-Athlete Cardiac Assessment Professional Development Module and sign with date of completion on bottom of page 4.
- Complete page one of the sports physical form **PRIOR** to the physician visit. **Be sure to explain all yes answers. Parent/guardian AND student athlete must sign at the bottom of page 1.**
- Make sure **ALL** sections of the Physical Form are completed in **INK**:
  - Vision
  - Pulse
  - Blood pressure
  - Height/Weight
  - Date of exam
  - Is the clearance box checked?
  - Signed and dated by the
  - Physician, APN or PA
- Incomplete physical forms will be returned and may delay clearance.**
- Proceed to the next column once the Sports Physical Form is completed.

My child **DOES** have a valid Sports Physical on file: **Please note:** *The Health History Update Questionnaire must be printed and provided to the nurse's office.*

- Complete and **PRINT** the **Health History Update Questionnaire** and provide the completed update to the nurse's office.
- Review the **Opioid Use/Misuse Fact Sheet and video** with your student athlete and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- Review the **Sudden Cardiac Death in Young Athletes Pamphlet** with your student athlete and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- Review the **Sports-Related Concussion and Head Injury Fact Sheet** with your student athlete and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- Complete the **Athletic Participation and Release Form**, **select the sport for that season and electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- High school only:** Review the NJSIAA Steroid Testing Policy with your student and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.