



# November 2023

## MIDDLE SCHOOL BREAKFAST MENU

### Daily:

Assorted Whole Grain Cereals/ Graham Cracker

Assorted Whole Grain Toaster Pastries

Breakfast Sandwich on WG Bagel: Egg & Cheese, Egg, Chicken sausage & Cheese,

**WG = Whole Grain To Make A Meal**  
Choose at Least 1 Fruit & 2 additional food Items such as a (milk , Bread or grain or another fruit)  
Additional items will be charged A la carte prices

All Breakfast Meals Must Include Choice of ½ cup of Fresh Fruit or 100% Juice Apples & Oranges, seasonal fruit when available and may Include: 1% Low-Fat or Skim Milk

MON	TUES	WED	THURS	FRI
<i>Provided Daily 1% and Skim Milk, Oranges, Apples and availability of Seasonal fruit</i>				
		1	2	3
		WG Powdered Donut Holes	WG Cinnamon Toast crunch Pastry	Chicken Sausage Pancake Mini Bites <b>Week 3</b>
6	7	8	9	10
WG Apple Frudel	WG Confetti Pancakes	WG French Toast Sticks	School Closed	School Closed
				<b>Week 4</b>
13	14	15	16	17
Cream Cheese Mini Bagel	WG Chocolate Eggo Waffles	Cocoa Puff Pastry	Glazed Donut	Cinnamon Toast Crunch Pastry
				<b>Week 5</b>
20	21	22	23	24
Triple Berry Waffle	Chocolate Filled Crescent Roll	Dutch Waffle	School Closed	School Closed
				<b>Week 1</b>
27	28	29	30	
Grape Filled Crescent Roll	French Toast Sticks	Maple Waffle Madness	Eggoji Waffle	<i>Please call Food Service 856-424-2316. Meal Applications can be filled out anytime during the school year Full Price Breakfast \$1.75 and Full Price Lunch \$3.25</i>
<b>Menus are subject to change.</b>				<b>Week 2</b>

Powering potential.



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