



# November 2023

## Middle School LUNCH MENU

### Weekly Salad Special:

- Week 1: Chicken Caesar
- Week 2: Chicken Nacho
- Week 3: Turkey Cheese
- Week 4: Ham
- Week 5: Italian
- \*All Salads served with WG Pretzel Rod
- Limited Time Offer**
- November 13-17**
- Spicy Tzatziki Beef Gyro
- Uncrustable PBJ,
- Yogurt Meal Box
- WG= Whole Grain

- MTO Deli Station
- Pizza Station
- Hamburgers, cheeseburger, Veggie Burger, Hot Dogs, Breaded Chicken Sandwich, Breaded Spicy Chicken Sandwich
- Build your own Fixin's and Condiment

MON	TUES	WED	THURS	FRI
<p>Provided Daily</p> <p>1% Milk and Chocolate Skim Milk, Oranges, Apples and when available Seasonal fruit. We buy local produce.</p>		<p>1</p> <p>Grilled Turkey Rueben Sandwich, Vegetable, Fruit</p>	<p>2</p> <p>Mac &amp; Cheese, Pretzel Rod Vegetable, Fruit</p>	<p>3</p> <p>chicken Parm Sandwich, Vegetable, Fruit</p> <p><b>Week 3</b></p>
<p>6</p> <p>Chicken Popcorn Lo Mein, Vegetables, Fruit</p>	<p>7</p> <p>Pasta Meat Sauce Marinara, Vegetables, Fruit</p>	<p>8</p> <p>Turkey, Mashed Potato, Stuffing, Corn Bowl Vegetables, Fruit</p>	<p>9</p> <p>School Closed</p>	<p>10</p> <p>School Closed</p> <p><b>Week 4</b></p>
<p>13</p> <p>Limited Time Offer, Vegetable, Fruit</p>	<p>14</p> <p>Limited Time Offer, Vegetable, Fruit</p>	<p>15</p> <p>Limited Time Offer, Vegetable, Fruit</p>	<p>16</p> <p>Limited Time Offer, Vegetable, Fruit</p>	<p>17</p> <p>Limited Time Offer, Vegetable, Fruit</p> <p><b>Week 5</b></p>
<p>20</p> <p>WG Chicken Patty Slider Vegetables, Fruit</p>	<p>21</p> <p>Pasta Chicken Meatballs, Marinara Vegetables, Fruit</p>	<p>22</p> <p>Chicken Dumpling over rice, Vegetables, Fruit</p>	<p>23</p> <p>School Closed</p>	<p>24</p> <p>School Closed</p> <p><b>Week 1</b></p>
<p>27</p> <p>WG Mini Chicken Corn Dogs Vegetables, Fruit</p>	<p>28</p> <p>Pasta Alfredo with Chicken and Peas, Vegetable, Fruit</p>	<p>29</p> <p>Country Chicken Bowl over mashed potato Vegetable, Fruit</p>	<p>30</p> <p>Pizza Quesadilla Vegetables, Fruit</p>	<p>Please call Food Service 856-424-2316. Meal Applications can be filled out anytime during the school year Full Price Breakfast \$2.00 and Full Price Lunch \$3.25</p> <p><b>Week 2</b></p>

Powering potential.

Menus are subject to change.

