



October 2024

MIDDLE SCHOOL

BREAKFAST MENU

Daily Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low fat Yogurt
- Breakfast Sandwich on WG Bagel:
 - Egg & Cheese
 - Egg, Chicken Sausage & Cheese
- Fresh Fruit and Juice

*** Menus are subject to change.**

WG = Whole Grain

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316

	MON	TUES	WED	THURS	FRI
	30	1	2	3	4
	Trix WG French Toast	WG Blueberry Breakfast bread	WG Cinnamon Toast Breakfast Pastry	School Closed	School Closed
					Week 1
	7	8	9	10	11
	WG Blueberry waffle	WG Eggo Waffle	WG Maple Madness Waffle	WG Banana Super breakfast Bread	WG French Toast Sticks
					Week 2
	14	15	16	17	18
	WG French Toast Benefit Bar	WG Egg and Cheese Bagel Melt	WG Blueberry Breakfast bread	WG Cinnamon Toast Crunch Breakfast Pastry	WG Turkey Maple Pancake Wrap
					Week 3
	21	22	23	24	25
	WG Apple Frudel	WG Mini Confetti pancakes	Wg French Toast Sticks	Cherry Frudel	WG Apple Cinnamon Muffin
					Week 4
	28	29	30	31	
	WG Cinnamon Toast Crunch Pocket	WG Maple Madness Waffle	Mini Confetti Pancakes	Egg + Cheese Omelet	Meal Applications can be filled out anytime during the school year visit www.Chclc.org Breakfast \$2.00 Lunch \$3.25
					Week 5



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.