

October 2024

MIDDLE SCHOOL

LUNCH MENU

MON	TUES	WED	THURS	FRI
	1	2	3	4
	WG Chicken Meatball Parm	(2) Chicken Dumplings /Egg Fried Rice	School Closed	School Closed
				Week 1
7	8	9	10	11
(2) Chicken Dumplings / Sante Fe Rice	WG Chicken Corn Dog	Chicken Snack Wraps (2) Lettuce tomato	WG Pasta Meatball, Sauce, Texas Toast	Fish Filet Sandwich/ Waffle Fries Tartar sauce
				Week 2
14	15	16	17	18
LTO: Cheesy Chorizo Enchilada Bake	LTO: Cheesy Chorizo Enchilada Bake	LTO: Cheesy Chorizo Enchilada Bake	LTO: Cheesy Chorizo Enchilada Bake	LTO: Cheesy Chorizo Enchilada Bake
				Week 3
21	22	23	24	25
Wg Popcorn Chicken LoMein	Beef Taco Totchos	Egg Roll over Rice	WG Chicken Fajita Wrap	Chicken Drumstick, Mexicali Corn, Roll
				Week 4
28	29	30	31	
Popcorn Chicken Loaded Tater Tot Bowl	Beef Cheesesteak Sub	Walking Taco	Chicken Parm, Pasta, Roll	Meal Applications can be filled out anytime during the school year visit www.Chclc.org Breakfast \$2.00 Lunch \$3.25
				Week 5

Limited Time Offer (LTO)
October 14-18th:
Cheesy Chorizo Enchilada Bake

Weekly Salad Special:
Week 1: Chicken Caesar
Week 2: Chicken Nacho
Week 3: Turkey Cheese
Week 4: Ham Cheese
Week 5: Italian

*All Salads served with WG Dinner Roll or WG Pretzel Rod

Additional Offerings:

- Uncrustable PBJ,
- Yogurt Meal Box
- MTO Deli Station
- Pizza Station
- Hamburgers, cheeseburger, Veggie Burger, Hot Dogs, Breaded Chicken Sandwich, Breaded Spicy Chicken Sandwich

Fresh Fruit & Vegetables Offered DAILY

***Menus are subject to change**

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.