



# November 2024

## Middle SCHOOL BREAKFAST MENU

### Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
  - Egg & Cheese
  - Egg, Chicken Sausage & Cheese
- Fresh Fruit and Juice

**\* Menus are subject to change based on product availability**

WG = Whole Grain

*Please advise your school nurse of any Food Allergies*

*For any questions or concerns, contact the Aramark Food Service office at 856-424-2316*

MON	TUES	WED	THURS	FRI
<i>Meal Applications can be filled out anytime during the school year visit <a href="http://www.Chclc.org">www.Chclc.org</a></i>  <i>Breakfast \$2.00 Lunch \$3.25</i>				<b>1</b>  <b>School Closed</b>
<b>4</b>  Trix French Toast	<b>5</b>  Pumpkin Breakfast Bread	<b>6</b>  Mini Confetti Pancakes	<b>7</b>  <b>School Closed</b>	<b>8</b>  <b>School Closed</b>  <i>Week 1</i>
<b>11</b>  Blueberry Waffle	<b>12</b>  Eggoji (Eggo) Waffle	<b>13</b>  Strawberry Cream Cheese Frudel	<b>14</b>  Maple Madness Waffle	<b>15</b>  French Toast Sticks  <i>Week 2</i>
<b>18</b>  French Toast Benefit Bar	<b>19</b>  Bacon, Egg, & Cheese Bagel Melt	<b>20</b>  Blueberry Muffin	<b>21</b>  Pumpkin Breakfast Bread	<b>22</b>  Turkey Sausage Pancake Wrap (on a stick)  <i>Week 3</i>
<b>25</b>  Cinnamon Toast Crunch Breakfast Pocket	<b>26</b>  Mini Confetti Pancakes	<b>27</b>  Apple Cinnamon Muffin	<b>28</b>  <b>School Closed</b>	<b>29</b>  <b>School Closed</b>  <i>Week 4</i>



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.