



December 2024

Middle SCHOOL

BREAKFAST MENU

Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
 - Egg & Cheese
 - Egg, Chicken Sausage & Cheese
- Fresh Fruit and Juice

*** Menus are subject to change based on product availability**

WG = Whole Grain

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316

MON	TUES	WED	THURS	FRI
2 Cinnamon Toast Crunch Breakfast Pocket	3 Maple Madness Waffle	4 Mini Confetti Pancakes	5 Strawberry Cream Cheese Frudel	6 Apple Cinnamon Muffin <i>Week 5</i>
9 Trix French Toast	10 Pumpkin Breakfast Bread	11 Blueberry Muffin	12 French Toast Sticks	13 Cinnamon Toast Crunch Breakfast Pocket <i>Week 1</i>
16 Blueberry Waffle	17 Eggoji (Eggo) Waffle	18 Maple Madness Waffle	19 Banana Breakfast Bread	20 French Toast Sticks <i>Week 2</i>
23 School Closed	24 School Closed	25 School Closed	26 School Closed	27 School Closed <i>Week 3</i>
Meal Applications can be filled out anytime during the school year visit www.Chclc.org Breakfast \$2.00 Lunch \$3.25				<i>Week 4</i>



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.