



September 2024

HIGH SCHOOL BREAKFAST MENU

	MON	TUES	WED	THURS	FRI
	4	3	4	5	6
	School Closed	WG Eggo Waffle	WG Maple Madness	WG Banana Super Breakfast Bread	WG French Toast sticks <i>Week 2</i>
	9	10	11	12	13
	WG Benefit French Toast Bar	Egg and Cheese WG Bagel Melt	WG Super Blueberry Breakfast Bread	WG Cinnamon Toast Breakfast Pastry	Turkey Maple WG Pancake Wrap <i>Week 3</i>
	16	17	18	19	20
	WG Apple Frudel	Confetti Mini WG Pancakes	WG French Toast sticks	WG Cherry Frudel	WG Apple Cinnamon Muffin <i>Week 4</i>
	23	24	25	26	27
	WG Cinnamon Cream Cheese Mini Bagel	WG Maple Madness Waffles	Wg Mini Confetti Pancakes	Cheese Omelet	WG Cinnamon Toast Breakfast Bar <i>Week 5</i>
	30	<i>Please advise your school nurse of any or potential Food allergies.</i> <i>Please reach out to Aramark food service at 856-424-2316 with any questions regarding menu item ingredients or nutritional information</i>		<i>Provided Daily 1% and Skim Chocolate Milk, Oranges, Apples and availability of Seasonal fruit</i>	<i>All USDA compliant Breakfast Meals <u>Must</u> include a Choice of ½ cup of Fresh Fruit, 100% Juice, or ½ cup of Vegetable, and 2 full servings of any of these items, 8 oz 1% Low-Fat or Skim Chocolate Milk 1 oz of bread/grains 1 cup Fruits, 1 cup protein</i>
	Wg Trix French Toast				<i>Meal Applications can be filled out anytime during the school year visit www.Chclc.org Full Price Breakfast \$2.10 Full Price Lunch \$3.35</i> <i>Week 1</i>

Daily:
 Assorted Whole Grain(WG) Cereals
 Low Fat Yogurt
 Assorted Whole Grain(WG) Toaster Pastries
 Breakfast Sandwich on WG Bagel:
 Egg & Cheese,
 Egg, Chicken sausage & Cheese,

This menu ensures students receive a balanced meal from all the major food groups. It offers a variety of high-quality ingredients and flavors, eliminates

added trans fat and limits sodium. It also features brand names foods specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for fiber and other essential nutrients.

Powering potential.



Menus are subject to change.

This institution is an equal opportunity providers