

# October 2024

## HIGH SCHOOL

### LUNCH MENU

MON	TUES	WED	THURS	FRI
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	WG Chicken Meatball Parm	(2) Chicken Dumplings /Egg Fried Rice	School Closed	School Closed
				<i>Week 1</i>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
(2) Chicken Dumplings / Sante Fe Rice	WG Chicken Corn Dog	Chicken Snack Wraps (2) Lettuce tomato	WG Pasta Meatball, Sauce, Texas Toast	Fish Filet Sandwich/ Waffle Fries Tartar sauce
				<i>Week 2</i>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>LTO:</b> Cheesy Chorizo Enchilada Bake	<b>LTO:</b> Cheesy Chorizo Enchilada Bake	<b>LTO:</b> Cheesy Chorizo Enchilada Bake	<b>LTO:</b> Cheesy Chorizo Enchilada Bake	<b>LTO:</b> Cheesy Chorizo Enchilada Bake
				<i>Week 3</i>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Wg Popcorn Chicken LoMein	Beef Taco Totchos	Egg Roll over Rice	WG Chicken Fajita Wrap	Chicken Drumstick, Mexicali Corn, Roll
				<i>Week 4</i>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
Popcorn Chicken Loaded Tater Tot Bowl	Beef Cheesesteak Sub	Walking Taco	Chicken Parm, Pasta, Roll	Meal Applications can be filled out anytime during the school year visit <a href="http://www.Chclc.org">www.Chclc.org</a>  Breakfast \$2.10 Lunch \$3.35
				<i>Week 5</i>

**Limited Time Offer (LTO)**  
**October 14-18<sup>th</sup>:**  
 Cheesy Chorizo Enchilada Bake

**Weekly Salad Special:**  
 Week 1: Chicken Caesar  
 Week 2: Chicken Nacho  
 Week 3: Turkey Cheese  
 Week 4: Ham Cheese  
 Week 5: Italian

\*All Salads served with WG Dinner Roll or WG Pretzel Rod

- Additional Offerings:**
- Uncrustable PBJ,
  - Yogurt Meal Box
  - MTO Deli Station
  - Pizza Station
  - Hamburgers, cheeseburger, Veggie Burger, Hot Dogs, Breaded Chicken Sandwich, Breaded Spicy Chicken Sandwich

**Fresh Fruit & Vegetables Offered DAILY**

Please advise your school nurse of any Food Allergies

For any questions or concerns, contact the Aramark Food Service office at 856-424-2316



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.