



# December 2024

## HIGH SCHOOL

### BREAKFAST MENU

MON	TUES	WED	THURS	FRI
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Cinnamon Toast Crunch Breakfast Pocket	Maple Madness Waffle	Mini Confetti Pancakes	Blueberry Muffin Top	Cheddar Cheese Omelet
				<b>Week 5</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Trix French Toast	Blueberry Breakfast Bread	Apple Cinnamon Muffin	French Toast Benefit Bar	Turkey Sausage Pancake Wrap (on a stick)
				<b>Week 1</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Blueberry Waffle	Eggoji (Eggo) Waffle	Strawberry Cream Cheese Frudel	Pumpkin Breakfast Bread	French Toast Sticks
				<b>Week 2</b>
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b>	<b>School Closed</b>
				<b>Week 3</b>
<p><i>Meal Applications can be filled out anytime during the school year visit <a href="http://www.Chclc.org">www.Chclc.org</a></i></p> <p><i>Breakfast \$2.10 Lunch \$3.35</i></p>				
				<b>Week 4</b>

#### Daily Additional Options:

- Assorted WG Cereals
- Assorted WG Pop Tarts
- Low-fat Yogurt
- Breakfast Sandwich on WG Bagel:
  - Egg & Cheese
  - Egg, Chicken Sausage & Cheese
- Fresh Fruit and Juice

**\* Menus are subject to change based on product availability**

WG = Whole Grain

*Please advise your school nurse of any Food Allergies*

*For any questions or concerns, contact the Aramark Food Service office at 856-424-2316*



This menu ensures students receive a balanced meal from all the major food groups: Dairy, Grain, Fruit, Vegetables, and Protein. It offers a variety of high-quality ingredients and flavors, eliminates added trans fats, and limits sugars and sodium. The menu also features brand-name foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for added fiber and other essential nutrients.