



September 2024

ELEMENTARY SCHOOL

LUNCH MENU

This menu ensures students receive a balanced meal from all the major food groups. It offers a variety of high-quality ingredients and flavors, eliminates added trans fat and limits sodium. It also features brand names foods that are specifically formulated for k-12 student nutrition, including whole grain rich bread and grain products for fiber and other essential nutrients.

- * Grilled Chicken Garden Salad Meal
- * All Salads served with WG Dinner Roll or WG Pretzel Rod
- * Whole Grain (WG) Uncrustable PBJ Meal
- * Turkey & Cheese WG Sandwich
- * Make your own WG Cold Lunch Pizza Meal
- * Low Fat Yogurt, String Cheese, Pretzel Meal

MON	TUES	WED	THURS	FRI
2 School Closed	3 WG Pizza Cruncher, Turkey Hot Dog, WG Bun <i>Vegetables, Fruit</i>	4 WG Chicken Nuggets, WG Pretzel Rod Turkey Hot Dog on WG Bun <i>Vegetables, Fruit</i>	5 Walking Tacos Turkey Hot Dog on WG Bun <i>Vegetables, Fruit</i>	6 WG Cheese Pizza Turkey Hot Dog / WG Bun <i>Vegetables, Fruit</i> Week 2
9 WG Chicken Tenders, WG pretzel Rod Grilled Cheese <i>Vegetables, Fruit</i>	10 Wg Pizza Cruncher WG Grilled Cheese, <i>Vegetables, Fruit</i>	11 Wg Chicken Nuggets/ WG Pretzel rod, WG Grilled Cheese, <i>Vegetables, Fruit</i>	12 WG Breaded Chicken Drumstick /WG Pretzel Rod, Grilled Cheese <i>Vegetables, Fruit</i>	13 WG Cheese Pizza, WG Grilled Cheese, <i>Vegetables, Fruit</i> Week 3
16 Wg Chicken Tender/Wg Pretzel Rod, Cheeseburger / WG Bun, <i>Vegetables, Fruit</i>	17 Wg Pizza Cruncher Cheeseburger / WG Bun, <i>Vegetables, Fruit</i>	18 WG Chicken Nuggets/ WG Pretzel rod Cheeseburger/ WG Bun, <i>Vegetables, Fruit</i>	19 WG Chicken Corn Dog WG Pretzel Rod Cheeseburger /WG Bun, <i>Vegetables, Fruit</i>	20 WG Cheese Pizza Cheeseburger/ WG Bun <i>Vegetables, Fruit</i> Week 4
23 WG Chicken Tenders/WG Pretzel rod, Turkey Hot Dog, <i>Vegetables, Fruit</i>	24 Pizza Cruncher, Turkey Hot Dog/ WG Bun, <i>Vegetables, Fruit</i>	25 Chicken Nuggets/Pretzel rod Turkey Hot Dog / WG Bun <i>Vegetables, Fruit</i>	26 French Toast/Chicken Sausage, Turkey Hot Dog / WG Bun, <i>Vegetables, Fruit</i>	27 Cheese Pizza, Turkey Hot Dog / WG Bun, WG Bun, <i>Vegetables, Fruit</i> Week 5
30 Chicken Tenders/Pretzel Rod Cheeseburger, <i>Vegetables, Fruit</i>	<p>Please advise your school nurse of any or potential Food allergies.</p> <p>Please reach out to Aramark food service at 856-424-2316 with any questions regarding menu item ingredients or nutritional information</p> <p>Menus are subject to change.</p>		<p>All USDA compliant Lunch Meals <u>Must select a minimum of 3 meal components at least one of which must be a</u> Choice of ½ cup of Fresh Fruit, 100% Juice, or ½ cup of Vegetable, and 2 full servings of any of these components, * 8 oz 1% Low-Fat or Skim Chocolate Milk</p> <ul style="list-style-type: none"> • Vegetables, • Fruits, • Breads/ grain • Meat/ meat alternative <p>WG= Whole Grain</p> <p style="text-align: right;">Week 1</p>	<p>Meal Applications can be filled out anytime during the school year Full Price Breakfast \$1.75 and Full Price Lunch \$3.25</p> <p style="text-align: right;">Week 1</p>



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