



2019 September

High School Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	No School Labor Day!!	3	Ham, Egg & Cheese Pancake Melt Fruit Variety 100% Juice Variety Choice of Milk	4	Berry French Toast w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk	5	Confetti Pancakes w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk	6	Whole Grain Donut Fruit Variety 100% Juice Variety Choice of Milk
9	Turkey Pancake Wrap Fruit Variety 100% Juice Variety Choice of Milk	10	Warm Cinnamon Toast Crunch Pastry Fruit Variety 100% Juice Variety Choice of Milk	11	Cheesy Egg Omelet w/ Tater Bites & Toast Fruit Variety 100% Juice Variety Choice of Milk	12	Sausage & Cheese Quesadilla Fruit Variety 100% Juice Variety Choice of Milk	13	Warm Apple Danish Fruit Variety 100% Juice Variety Choice of Milk
16	Dutch Waffle or Blueberry Yogurt Parfait Fruit Variety 100% Juice Variety Choice of Milk	17	Warm Mini Cinnamon Danish Fruit Variety 100% Juice Variety Choice of Milk	18	Sausage, Egg, & Cheese Breakfast Sandwich Fruit Variety 100% Juice Variety Choice of Milk	19	Confetti Pancakes w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk	20	Turkey Pancake Wrap Fruit Variety 100% Juice Variety Choice of Milk
23	Egg & Cheese on English Muffin Fruit Variety 100% Juice Variety Choice of Milk	24	Warm Cocoa Puff Pastry Fruit Variety 100% Juice Variety Choice of Milk	25	Sausage, Egg & Cheese on Slider Fruit Variety 100% Juice Variety Choice of Milk	26	Ham, Egg & Cheese Pancake Melt Fruit Variety 100% Juice Variety Choice of Milk	27	French Toast Sticks w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk
30	No School								

More Info...

Free and Reduced Meals to those who qualify
Paid Breakfast: \$2.00
Reduced Breakfast \$.30

A variety of milk is offered daily:
Skim Chocolate, Skim Vanilla and 1% White Milk

Free and Reduced Meal applications can be filled out anytime during the school year

This institution is an Equal Opportunity Provider

Available Daily:

Yogurt Smoothies
Yogurt Parfaits

Assorted Breakfast Sandwiches

Whole Grain Cereal

Whole Grain Muffins

Whole Grain Bagel w/ Cream Cheese

Yogurt w/ Graham Crackers



Special News...
Questions and concerns please call Food Service at 856-424-2316

Menus are subject to change without notice.