



2019 September

Middle School Breakfast Menu

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 No School Labor Day!!	3 Ham, Egg & Cheese Pancake Melt Fruit Variety 100% Juice Variety Choice of Milk	4 Berry French Toast w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk	5 Confetti Pancakes w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk	6 Whole Grain Donut Fruit Variety 100% Juice Variety Choice of Milk	More Info... Free and Reduced Meals to those who qualify Paid Breakfast: \$2.00 Reduced Breakfast \$.30 A variety of milk is offered daily: Skim Chocolate, Skim Vanilla and 1% White Milk Free and Reduced Meal applications can be filled out anytime during the school year This institution is an Equal Opportunity Provider Available Daily: Assorted Breakfast Sandwiches Whole Grain Cereal Whole Grain Muffins Whole Grain Bagel w/ Cream Cheese Yogurt w/ Graham Crackers				
9 Turkey Pancake Wrap Fruit Variety 100% Juice Variety Choice of Milk	10 Warm Cinnamon Toast Crunch Pastry Fruit Variety 100% Juice Variety Choice of Milk	11 Cheesy Egg Omelet w/ Tater Bites & Toast Fruit Variety 100% Juice Variety Choice of Milk	12 Sausage & Cheese Quesadilla Fruit Variety 100% Juice Variety Choice of Milk	13 Warm Apple Danish Fruit Variety 100% Juice Variety Choice of Milk					
16 Dutch Waffle or Blueberry Yogurt Parfait Fruit Variety 100% Juice Variety Choice of Milk	17 Warm Mini Cinnamon Danish Fruit Variety 100% Juice Variety Choice of Milk	18 Sausage, Egg, & Cheese Breakfast Sandwich Fruit Variety 100% Juice Variety Choice of Milk	19 Confetti Pancakes w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk	20 Turkey Pancake Wrap Fruit Variety 100% Juice Variety Choice of Milk					
23 Egg & Cheese on English Muffin Fruit Variety 100% Juice Variety Choice of Milk	24 Warm Cocoa Puff Pastry Fruit Variety 100% Juice Variety Choice of Milk	25 Sausage, Egg & Cheese on Slider Fruit Variety 100% Juice Variety Choice of Milk	26 Ham, Egg & Cheese Pancake Melt Fruit Variety 100% Juice Variety Choice of Milk	27 French Toast Sticks w/ Maple Syrup Fruit Variety 100% Juice Variety Choice of Milk					
30 No School									



Special News...
 Questions and concerns please call Food Service at 856-424-2316

Menus are subject to change without notice.